

Three Trees FWC Summer Activities 2025

Week of	Monday – 28/07	Tuesday – 29/07	Wednesday – 30/07	Thursday – 31/07	Friday – 01/08	Saturday – 02/08
	Health Visiting Clinic 09.00am-5.00pm Appointment only 	Health Visiting Clinic 09.00am-5.00pm Appointment only Stay Play & Learn 9:45am -10:45am Age 1+ Fun and interactive Stay & Play session 	Midwifery Teams 9.00-4.00pm Appointment only The Very Hungry Caterpillar 10:00am – 11:00am Making a HEALTHY snack and eating together Family Activity Book Online Paddington Recreation Ground 12:00pm-3:00pm Bring a pack lunch. Family trip Book Online	Midwifery Teams 9.00-4.00pm Appointment only Let's Talk 10:00am – 11:00am Speech and language advice and play sessions to support parents with their child's language development. 14 months - 3 ½ years Book online Citizens Advice Brent (CAB) 9.30-4.00pm Call to book Gardening Event 11:00am – 1.00pm Gardening event with Jim Family activity Book online	Health Visiting Clinic Every Friday 09.00am-5.00pm Appointment only Baby Time 11:45am -1.15pm Stay and play Sensory play for babies Under 1's Book online  SENSORY LEARN & PLAY	SEND Family Stay & Play Session 
Week of	04/08	05/08	06/08	07/08	08/08	09/08
	HEALTH VISITING CLINIC 09.00am-5.00pm Appointment only  	Health Visiting Clinic 09.00am-5.00pm Appointment only Stay Play & Learn 9:45am -10:45am Age 1+ Book online Sunshine Group (Health Visiting Team) 05/08 10.00am – 11.30am Book online Three Trees Cultural Event Family Activity 11:30am-1:30pm Dress in your cultural clothing and share a dish (optional). Come and join us for a garden party for all. No nuts please. Book online	Midwifery Teams 9.00-4.00pm Appointment only Welcome to Parenthood 9:00am-10:00am For expectant parents who have had their 24-week scan. Messy Play Family Activity 10:30-11:30am Garden play & Sand Art Book online 2:00pm-4:00pm Gardening Event Join us at a gardening event with Jim! Family activity Book online	Midwifery Teams 9.00-4.00pm Appointment only Let's Talk 10:00am – 11:00am Speech and language advice and play sessions. 14 months - 3 ½ years Book online Citizens Advice Brent (CAB) 9.30-4.00pm Call to book! Sports Day Family event Age 5-11 years 12:00pm-1:30pm Sports activities & prizes Book online	Health Visiting Clinic Every Friday 09.00am-5.00pm Appointment only Toy Library Service 10.00am – 2.00pm Baby Time 11:45am -1.15pm Garden party Summer Baby Party (Weather permitting) Stay and play Under 1's Book online Lexi Cinema Trip to the cinema. Ask reception for further details. Age 3+	ThreeTrees.FWC@brent.gov.uk Tiverton Road (On the corner of Tiverton Road and Okehampton Road) Kensal Rise NW10 3HL TEL: 020 8937 3892 Registration link: https://www.brent.gov.uk/familywellbeingcentres Sessions are booked via Family wellbeing pages via 'My Account' 

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Week of	11/08	12/08	13/08	14/08	15/08	16/08
	Health Visiting Clinic 09.00am-5.00pm Appointment only Arts & Craft Session with Pauline Family Activity 1.00pm – 3.00pm Book online	Health Visiting Clinic 09.00am-5.00pm Appointment only Stay Play & Learn Age 1+ 9:45am -10:45am Fun and interactive Stay & Play session with Aisha. Book online 	Midwifery Teams 9.00-4.00pm Appointment only Design your own hand puppets/ gift boxes. Age 0-5 10:30am-12:30pm Family Activity Book Online Introduction to card games Age 11+ 1:30pm-3:30pm Learn how to play with a deck of cards. Family Activity Book Online Introduction to Solids 1.00pm – 2.30pm Every 2nd Wednesday of the month. Is your baby ready for solids? Book online	Midwifery Teams 9.00-4.00pm Appointment only Citizens Advice Brent (CAB) 9.30-4.00pm CAB offer good quality independent Advice on issues such as benefits housing Welfare rights Call to book 	Health Visiting Clinic 09.00am-5.00pm Appointment only Toy Library Service 10.00am – 2.00pm Toy lending service Subscription fee required NO BABY TIME 	Registration link: https://www.brent.gov.uk/familywellbeingcentres Sessions are booked via Family wellbeing pages via 'My Account'  Holiday Activities and Food Programme Brent Council Free Healthy Start vitamins available for all pregnant women and vitamin drops for children under 4 years old. Brent Youth Zone - BYZ

Perinatal - Parent and Infant Relationship Service - PAIRS Perinatal
Tuesdays by appointment only through the PAIRS Team

Week of:	18/08	19/08	20/08	21/08	22/08	22/08
	Health Visiting Clinic 09.00am-5.00pm Appointment only 	Health Visiting Clinic 09.00am-5.00pm Appointment only Baby and Mum Aromatherapy 10:30am-12:30pm Age 0-6 months Learn all about the use of essential oils and therapeutic tools for babies and mums. Book online Make your own dominos game using phonics/numbers. Age 5+ 1:30pm-3:30pm Family Activity Book online  shutterstock.com - 2310155675	Midwifery Teams 9.00-4.00pm Appointment only 	Midwifery Teams 9.00-4.00pm Appointment only Let's Talk 10:00am – 11:00am Speech and language advice and play sessions to support parents with their child's language development 14 months - 3 ½ years Book online Citizens Advice Brent (CAB) 9.30-4.00pm CAB offer good quality independent Advice on issues such as benefits housing Welfare rights Call to book 11:00am – 1.00pm Gardening Event Join us at a gardening event with Jim! Family activity Book online 	Health Visiting Clinic 09.00am-5.00pm Appointment only NO BABY TIME End of Summer Party Family event Entertainer, activities, food & fun! 11.00pm – 2.00pm Book online  	ThreeTrees.FWC@brent.gov.uk Tiverton Road (On the corner of Tiverton Road and Okehampton Road) Kensal Rise NW10 3HL TEL: 020 8937 3892 Registration link: https://www.brent.gov.uk/familywellbeingcentres Sessions are booked via Family wellbeing pages via 'My Account'  ~~~~~ Holiday Activities and Food Programme Brent Council Free Healthy Start vitamins available for all pregnant women and vitamin drops for children under 4 years old. Brent Youth Zone - BYZ

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