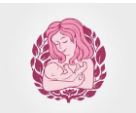


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MORNING  Family Wellbeing Centre  Registration link: https://www.brent.gov.uk/familywellbeingcentres Sessions are booked via Family wellbeing pages via 'My Account'  Willow SEND Family Wellbeing Centre Barnhill Road Wembley HA9 9DF	Health Visiting (Appointment only)  Clinic room All DAY Brent Hubs Deaf Resident Surgery professionals who are committed to assisting the Deaf community (Andy Lambert + Carole Foyle)  9am-2pm Large Board Room July, 11th, 25th Aug	Midwifery services (Appointment only) Supporting you and your baby every step of the way with trusted midwifery care  Clinic room (Appointment only) 9:00am 4:00pm Citizen Advice Bureau  Small Family meeting room (Appointment only) 9.30 am 3.30pm Antenatal Yoga-Jay August 19th 10:30am-11:30am Sunshine Room 	Health Visiting (Appointment only)  Clinic room ALL DAY Speech Language Team-Attention/ Language group session led by trained therapists to support your child's speech and language development through engaging activities and practical strategies for home. 9:00-12:30 (Appointment only) Till 30th July  Large Board room	Health Visiting (Appointment only)  Clinic room All DAY Speech Language Team-Attention/ Language group 9:00-12:30 (Appointment only) Till 30th July  Large Board room Infant feeding clinic. Feeding Clinic for expert advice and support on breastfeeding, bottle feeding, and weaning your baby.  Infant Feeding Small Family meeting room (drop-in sessions) 10 am 1pm	Health Visiting (Appointment only) Connect with our Health Visiting Team for expert advice and support on your child's health, development, and well-being from birth to five years  Clinic room All DAY Brent Nutrition 1:1 Clinic  Come along to the Brent Nutrition 1:1 Clinic for friendly, one-on-one advice on healthy eating and nutrition. We're here to support you! Small family meeting room 9am - 12pm	USEFULL LINKS: The Local Offer for Children with Special Educational Needs and Disabilities (SEND) SEND Local Offer https://www.brent.gov.uk/children-young-people-and-families/send-local-offer Brent Youth Zone  https://www.brentyouthzone.org.uk/ Holidays Activities and Food Programme Holiday Activities and Food Programme https://www.brent.gov.uk/children-young-people-and-families/childcare-and-early-education/holiday-activities-and-food-programme#aboutthaf

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"Inclusion is not just about being present, it's about belonging."

Willow SEND Yoga-Jay
together! July 21st
and 28th July
12:30pm-1:30pm
Sunshine Room

Antenatal Yoga-Jay
August 18th
1:45pm-3:15pm
Sunshine Room



**WEST (Wellbeing
and Emotional
Support Team)
Inclusion Service**



Small Family meeting
room
(Appointment only)
3pm-5pm

SEND 0-19years old
Yoga-Jay STAAR
Programme



July 22nd July 29th
12pm-2pm
August 19th 2pm-4
 Sunshine Room



parents ^{as}
first teachers®

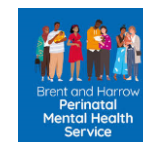
**Join Us for PAFT
(Parents as First)**

empower parents with the tools and knowledge to be their child's first and most important teacher. 23rd, 30th July 6th 13th August
1:30pm-3:30pm
Large Board room & Sunshine Room

Brent and Harrow Perinatal Mental Health Team -Join the Brent and Harrow Perinatal Mental Health Team for support and guidance during pregnancy and after childbirth. We're here to help.

(Appointment only)

Hot Desking Room 1



9am-1pm

Antenatal Yoga-Jay
August 18th
10am-12pm
Sunshine Room



**SEND 0-19years old Yoga-
Jay STAAR Programme**



**August 28th 12:30pm-
2:30pm**
Sunshine Room

FREE Period Products - HEY Girls
- Providing free period products to support and empower girls and young women in our community.



Healthy Start Vitamins



are available to collect for children 0-5 years.
Vitamins are available



for mums up to 12 months after giving birth.

